

Allergens Information Menu A

Core

We prepare our food in kitchens with products containing nuts and gluten as well as other allergens. The allergen details listed below have been obtained from supplier specifications.

We have taken all reasonable steps to ensure that the information is accurate. However, we cannot guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our kitchens.

The listed represents foods as they appear on our menu, any variation may alter the allergens contained in the meal. Any additional sachets see label for allergens contents this includes mayonnaise, tomato ketchup, vinegar.

“May contain allergens” = Not in the ingredients but may be produced in an environment where stated allergens are present.

IF YOU HAVE ANY FOOD ALLERGIES OR FOOD INTOLORENCES THEN PLEASE INFORM A TEAM MEMBER AT THE EARLIEST OPPORTUNITY

Products as they appear on the Tenpin menu			
Classic Burger with Fries or Curly Fries	Wheat, Gluten, Sulphites, Soya, Celery May contain: Sesame	Ultimate Nachos with Shredded Mozzarella	Wheat, Gluten, Barley, Milk, May contain Soya
Classic Burger with Cheese with Fries or Curly Fries	Wheat, Gluten, Milk, Sulphites, Soya, Celery, May contain Sesame	Ultimate Nachos with Spicy Nacho Cheese	Wheat, Barley, Gluten Milk, Soya
Ultimate Burger with Fries or Curly Fries	Celery, Wheat, Gluten, Milk, Sulphites, Soya May contain: Sesame	Cheesy Fries with Shredded Mozzarella	Milk
Southern Fried Chicken Burger with Fries or Curly Fries	Celery, Wheat, Gluten, Egg, Mustard May contain: Sesame,	Cheesy Fries with Spicy Nacho Cheese	Milk, Soya
Fries with Nacho cheese	Milk, Soya	Fries with Shredded Mozzarella	Milk
Curly Fries with Nacho cheese	Wheat, Gluten, Milk, Soya	Curly Fries with shredded Mozzarella	Wheat, Gluten, Milk
Hot N Kicking Wings with Fries or Curly Fries	Wheat, Gluten,	Hot Dog with Fries or Curly Fries	Wheat, Gluten May contain Milk, Sesame, Soya
Superstack	See individual combinations.	Curly Fries	Wheat, Gluten
Spicy Bean Burger with Fries or Curly Fries Single or Double	Gluten, Wheat May contain: Sesame	Fries	No Allergens
The Big Dog with Fries or Curly Fries	Eggs, Wheat, Barley, Oats Rye Gluten, Milk, Mustard, Soya,	Onion Rings	Wheat, Gluten, Rye
Champion Burger with Fries or Curly Fries	Wheat, Gluten, soya, sulphites, May contain Sesame	BBQ Sauce	No Allergens

Champion Burger with Cheese with Fries or Curly Fries	Wheat, Gluten, Milk, Sulphites, Soya May Contain Sesame	Sriracha Hot Sauce	May contain Mustard, Soya
Add Cheese Slices	Milk	Garlic Mayonnaise	Mustard Egg
Vegetable Burger with Fries or Curly Fries	Wheat, Gluten May contain sesame	Large Combo with Fries or Curly Fries	Wheat, Gluten, Celery, Milk, Sulphites, Soya May Contain Sesame
Quorn Veggie Nuggets	Wheat, Gluten	Small Combo with Fries or Curly Fries	Celery, Wheat, Gluten, Soya, Sulphites May contain Sesame
Chicken Nuggets with Fries or Curly Fries	Wheat, Gluten Celery	Large Veggie Combo with Fries or Curly Fries	Wheat, Gluten May contain Sesame
Sriracha Hot Chilli Sauce Pizza Topping	May contain Mustard Soya	Small Veggie Combo with Fries or Curly Fries	Wheat, Gluten May contain Sesame
Smoked Ham and Cheese Panini with or without Fries or Curly fries	Wheat, Gluten Milk, Mustard	Party Pizza Margherita	Wheat, Gluten, Milk
Margherita Pizza 12" with Tomato or BBQ Sauce	Wheat Gluten, Milk May contain Eggs, Mustard, Soya	Mozzarella, Pesto and Sun-dried Tomato Panini with or without Fries or Curly fries	Wheat, Gluten, Milk, May contain Mustard
Pepperoni Pizza 12" with Tomato or BBQ Sauce	Wheat, Gluten, Milk, May contain Eggs, Mustard, Soya	Meat Feast Pizza 12" with Tomato or BBQ Sauce	Wheat, Gluten, Barley, Milk May contain Eggs, Mustard, Soya
Party Pizza Pepperoni	Wheat, Gluten, Milk	Hot Chocolate	Milk, Soya
Hot Nuts Chilli	Peanuts, Soy, Wheat Gluten	Coffee Whitener	Milk
Hot Nuts Smoked Paprika or Tikka Masala	Peanuts, Wheat, Gluten	Coffee all types (including iced) with Milk	Milk
Slush	No Allergens	Tea with Milk	Milk
Single sachets Tomato Ketchup, Mayonnaise, Mustard, Vinegar, Salt, Pepper	As listed on the packaging.	Ice cream	See label
Spirits	Please refer to the label.		
Cocktails	Some may contain Sulphites.		
Sweet Treat Shots	All may Contain Sulphites. "Jammy Doughnut" Contains Sulphites and Milk "Slippery When Wet" Contains Sulphites and Milk "Blown Away" Contains Sulphites and Milk "Dark Rose" Contains Sulphites and Milk		
Bottled Drinks and Wines	Refer to individual labels for information. Wine may contain Sulphites		
Baileys, Tequila Rose	Contain Milk		

Squash Drinks	May contain Sulphites
Draught beers and lagers	All draught beers and lagers contain barley as an ingredient. Tetley bitter (cask and golden) and Tetley mild contain Sulphur Dioxide.
Hazelnut syrup	Nuts

Cash bought Food purchases

In addition to our normal products the following may contain additional allergens

Food item	Allergens	Date purchased
