

Allergens Information for foods sold in Tenpin

Core Menu

We prepare our food in kitchens with products containing nuts and gluten as well as other allergens. The allergen details listed below have been obtained from supplier specifications.

We have taken all reasonable steps to ensure that the information is accurate. However, we cannot guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our kitchens.

The listed represents foods as they appear on our menu, any variation may alter the allergens contained in the meal.

“May contain allergens” = Not in the ingredients but may be produced in an environment where stated allergens are present.

IF YOU HAVE ANY FOOD ALLERGIES OR FOOD INTOLENCES THEN PLEASE INFORM A TEAM MEMBER AT THE EARLIEST OPPORTUNITY

Products as they appear on the Tenpin menu			
Classic Burger with Fries or Curly Fries	Celery, Wheat, Gluten, Sulphites May contain: Sesame	Ultimate Nachos with Shredded Mozzarella	Egg, Milk, Wheat, Gluten, Sulphites May contain: Barley, Soya
Classic Cheeseburger with Fries or Curly Fries	Wheat, Celery, Gluten, Milk, Sulphites May contain: Sesame	Ultimate Nachos with Spicy Nacho Cheese	Eggs, Gluten, Wheat, Milk, Sulphites May contain: Soya, Barley
Ultimate Burger with Fries or Curly Fries	Celery, Wheat, Gluten, Milk, Sulphites May contain: Sesame	Cheesy Fries with Shredded Mozzarella	Milk
Southern Fried Chicken Burger with Fries or Curly Fries	Wheat, Milk, Gluten, Egg May contain: Sesame, Nuts	Cheesy Fries with Spicy Nacho Cheese	Eggs, Milk
Buttermilk Chicken Wings with Fries or Curly Fries	Wheat, Gluten, Milk	Hot Dog with Fries or Curly Fries	Wheat, Gluten May contain: Milk, Sesame
Superstack	See individual combinations	Curly Fries	Wheat, Gluten
Spicy Bean Burger with Fries or Curly Fries Single or Double	Gluten, Wheat May contain: Sesame	Large Fries	No Allergens
The Big Dog with Fries or Curly Fries	Milk, Egg, Wheat, Gluten, Mustard May contain: Sesame, Soya, Barley, Oats, Rye	Onion Rings	Wheat, Gluten
Champion Burger with Fries or Curly Fries	Celery, Wheat, Gluten, Sulphites May contain: Sesame	BBQ Sauce	No Allergens present

Champion Cheeseburger with Fries or Curly Fries	Celery, Wheat, Gluten, Milk, Sulphites May contain: Sesame	Sriracha Hot Sauce	May contain: Sesame, Nuts, Peanuts
Add Cheese Slices	Milk	Garlic Mayonnaise	Eggs
Plant Based Chicken Style Burger with Fries or Curly Fries	Celery, Wheat, Gluten May contain: Peanuts, Nuts, Sesame	Large Platter with Fries or Curly Fries with Southern Fried Chicken	Eggs, Milk, Wheat, Gluten, Sulphites May contain: Nuts, Sesame, Barley, Oats, Rye, Soya
Veggie Nuggets with Fries or Curly Fries	Gluten, Wheat	Small Platter with Fries or Curly Fries	Celery, Gluten, Wheat, Sulphites May contain: Sesame, Barley, Oats, Rye, Soya
Chicken Nuggets with Fries or Curly Fries	Wheat, Gluten May contain: Barley, Oats, Rye, Soya, Sulphites	Large Vegan Platter with Fries or Curly Fries	Gluten, Wheat May contain: Sesame
Hotdog (Children's) with Fries or Curly Fries	Wheat, Gluten May contain: Sesame, Milk	Small Vegan Platter with Fries or Curly Fries	Gluten, Wheat May contain: Peanuts, Nuts, Sesame
Margherita Panini with or without Fries or Curly fries	Milk, Gluten, Wheat	Large Platter with Fries or Curly Fries	Celery, Milk, Gluten, Wheat, Sulphites May contain: Sesame, Barley, Oats, Rye, Soya
Margherita Pizza 12" with Tomato or BBQ Sauce	Wheat, Gluten, Milk May contain: Eggs	Bacon Panini with or without Fries or Curly fries	Milk, Gluten, Wheat May contain: Egg, Fish, Sesame
Pepperoni Pizza 12" with Tomato or BBQ Sauce	Wheat, Gluten, Milk, May contain: Eggs	Four Cheese and Onion Panini with or without Fries or Curly fries	Eggs, Milk, Gluten, Wheat, Mustard May contain: Fish, Sesame
Spicy Meat Feast Pizza 12" with Tomato or BBQ Sauce	Milk, Gluten, Wheat, May contain: Eggs	Ham and Cheese Panini with or without Fries or Curly Fries	Milk, Mustard, Gluten, Wheat, Soya May contain: Eggs, Fish, Sesame
Party Pizza Margherita	Milk, Gluten, Wheat	Garlic Mayonnaise Pizza Topping	Egg
Party Pizza Pepperoni	Wheat, Gluten, Milk	Sriracha Hot Chilli Sauce Pizza Topping	May contain: Sesame, Nuts, Peanuts
Bacon Panini with or without Fries or Curly fries	Milk, Gluten, Wheat May contain: Egg, Fish, Sesame	Guacamole	Eggs
Hot Nuts Chilli	Peanuts, Soy, Wheat	Coffee Whitener	Milk
Hot Nuts Smoked Paprika or Tikka Masala	Peanuts, Wheat	Coffee all types (including iced) with Milk	Milk
Slush	No Allergens	Tea with Milk	Milk
Single sachets Tomato Ketchup, Mayonnaise, Mustard, Vinegar, Salt, Pepper	As listed on the packaging.	Hot Chocolate	Milk, Soya

Ice cream	See label
Spirits	Please refer to the label
Cocktails	Some may contain Sulphites
Sweet Treat Shots	All may Contain Sulphites. “Jammy Doughnut” Contains Sulphites and Milk “Slippery When Wet” Contains Sulphites and Milk “Blown Away” Contains Sulphites and Milk “Dark Rose” Contains Sulphites and Milk
Bottled Drinks and Wines	Refer to individual labels for information. Wine may contain Sulphites
Baileys, Tequila Rose	Contain Milk
Squash Drinks	May contain Sulphites
Draught beers and lagers	All draught beers and lagers contain barley as an ingredient. Tetley bitter (cask and golden) and Tetley mild contain Sulphur Dioxide.
Hazelnut syrup	Nuts

